

OAKHURST COMMUNITY FIRST AND NURSERY SCHOOL

PERSONAL, SOCIAL, HEALTH EDUCATION (PSHE) POLICY

INTRODUCTION

Our school teaches PSHE through weekly lessons, assemblies and other whole school initiatives. As part of this we use the Jigsaw PSHE programme. Principles from Rights Respecting Schools are also used and we use the UNICEF Book of Children's Rights. In Nursery and Reception links are made within the Foundation Stage curriculum.

We base our curriculum at Oakhurst on the following interdependent aims: -

- ✓ To provide opportunities for all pupils to learn and achieve.
- ✓ To ensure all pupils develop their full potential; academically, socially and spiritually.
- ✓ To prepare all pupils for the opportunities, responsibilities and experiences of life.
- ✓ To develop self-worth and self-discipline and so foster an attitude of respect towards others and towards our environment.

These aims cannot be fully achieved without the provision of PSHE.

CONTEXT

Oakhurst Community First and Nursery School is situated in the South East corner of Dorset, close to the Hampshire border. The school forms part of The Heath Academy trust (HAT)). There is close liaison between Oakhurst and all the schools in the HAT. Pupils transfer to local Middle Schools in the September following their ninth birthday.

Most pupils come from West Moors although a few are from out of catchment. West Moors has a strong village community. The pupils come from a range of socio-economic backgrounds. We have a number of children from families with other cultures or countries of birth, attending the school or living in the community, including children from the Gypsy/Roma community and we aim to include the culture of these families in our curriculum.

Other professionals, including members of the church, the police and school medical and nursing services support the school. There is a thriving parent association and many parents and members of the community come into the school to work with the children.

AIMS FOR OUR PSHE CURRICULUM

- ✓ To give pupils the knowledge, understanding and skills needed to lead confident, healthy and independent lives.
- ✓ To enable pupils to develop an understanding of their own feelings and the feelings of others.
- ✓ To enable pupils to learn to understand and respect our common humanity, diversity and differences, including that bullying is wrong.
- ✓ To enable pupils to learn how to make the right choices to succeed in school and the wider community.
- ✓ To help pupils learn the attitudes and skills needed to build successful relationships.
- ✓ To encourage pupils to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of the school and the community, and to embrace change.
- ✓ To teach pupils about their responsibilities, rights and duties as individuals and members of the community.
- ✓ To ensure pupils understand the principles of British Values, appropriate to their age.

The positive ethos established at the school enables children to be self-aware and have self-esteem and confidence to: -

- ✓ Understand that rights come with responsibilities.
- ✓ Stay as healthy as possible.
- ✓ Keep themselves and others safe.
- ✓ Have worthwhile and fulfilling relationships.
- ✓ Respect the differences between people.
- ✓ Develop independence and responsibility
- ✓ Play an active role as members of a democratic society.
- ✓ Make the most of their own and others' abilities, and to make the right choices.
- ✓ Work co-operatively with adults and other children.
- ✓ Challenge bullying wherever it is seen, including racial and homophobic bullying.

SCHOOL CURRICULUM

We do not believe that the aims can be met just within the PSHE curriculum and therefore Oakhurst Community First and Nursery School's curriculum has a wide variety of extra-curricular activities that also promote personal, social and emotional development including: -

- Weekly Jigsaw assemblies to promote the week's focus throughout the school community.
- Assemblies that include speakers from outside agencies who help to develop the children's knowledge and understanding of many community and wider issues that promote healthy and safe living and positive attitudes.
- Achievement assemblies in which the whole school celebrates the work of individual children and groups, including achievements from outside of the school.
- The school council, which encourages pupils to take responsibility for many aspects of school life as well as supporting those in need.
- Co-operative activities with other schools including joint curricular projects.
- Open days when parents share the achievements of the pupils.
- Regular sessions of circle time.
- Working with a range of people from the community both inside school and on education visits.
- Sharing music with school performances and also joint performances with other local schools.
- Opportunities to take part in clubs, trips and focus days; for example Bushcraft and Romany Celebration Days.
- Fund raising for different charities.

As well as discrete lessons in PSHE other curriculum linked activities include: -

- Work in English that involves discussion, debate, role play and work on Rights Respecting Schools.
- Work in RE that explores social and cultural issues and helps pupils to understand other people's experiences.
- A range of stories, poems etc from different cultures.
- Historical studies that explain the origins of the cultures of different countries.
- Studying the art and design from different cultures and times.
- The promotion of health and fitness through physical education.
- The promotion of a healthy life style, including drugs and sex education.

LINKS TO OTHER POLICIES

Other whole school policies contribute to the personal, social and emotional development of pupils. These are: -

- Sex and Relationships Policy
- Drugs Education Policy
- Religious Education Policy
- Behaviour Policy and Anti Bullying Policy
- Racial Equality Policy
- Social, Moral, Spiritual, Cultural Policy

The PSHE co-ordinator at Oakhurst Community First and Nursery School is Mrs Melanie Davy.

The PSHE Governor at Oakhurst Community First and Nursery School is Mrs Denise Hunter.

This policy was re-written and adopted by the Governing Body in July 2017

Next Review: June 2019